

*Winslow Gardens and Linn Health Care Center Sample Menus*

**BREAKFAST**

*Assortment of Chilled Juices  
Oatmeal or Cream of Wheat  
Choice of Cold Cereal  
Fresh Fruit Salad  
Choice of Assorted Danish, Toast or English Muffin  
Scrambled Eggs  
Coffee or Tea*

**DINNER**

*French Onion Soup  
Tossed Salad with Choice of Assorted Dressings  
Roast Turkey with Pan Gravy Or  
Baked Ham with Raisin Sauce  
Homemade Stuffing  
Red Bliss Mashed Potatoes  
Sautéed Butternut Squash  
Carrot Cake with Cream Cheese Frosting*

**SUPPER**

*Corn Chowder  
Marinated Breaded Chicken Sandwich  
on a Soft Kaiser Roll  
Served with Lettuce & Tomato Or  
Grilled Hot Dog on a Bun with Condiments  
Creamy Coleslaw  
Grape-nut Pudding with Whipped Topping*

## *BREAKFAST*

*Assortment of Chilled Juices*  
*Oatmeal or Cream of Wheat*  
*Choice of Cold Cereal*  
*Blueberry Pancakes with Maple Syrup*  
*Choice of Toast or English Muffin*  
*Scrambled Eggs*  
*Coffee or Tea*

## *DINNER*

*Chicken Noodle Soup*  
*Grilled Pork Tenderloin with Rosemary Wine Sauce Or*  
*Baked Cod with Buttered Crumb Topping*  
*Oven Roasted Potatoes*  
*Sautéed Zucchini & Summer Squash*  
*Freshly Baked Dinner Roll*  
*New York Cheesecake Topped with Cherry Filling*

## *SUPPER*

*Grilled Cheese Sandwich with a Slice of Tomato*  
*Served with a Cup of Tomato Soup Or*  
*Baked Fish Sandwich with Lettuce & Tomato on a Warm Bun Served*  
*with Tartar Sauce*  
*Oven Baked Potato Pancakes*  
*Homemade Cookies*