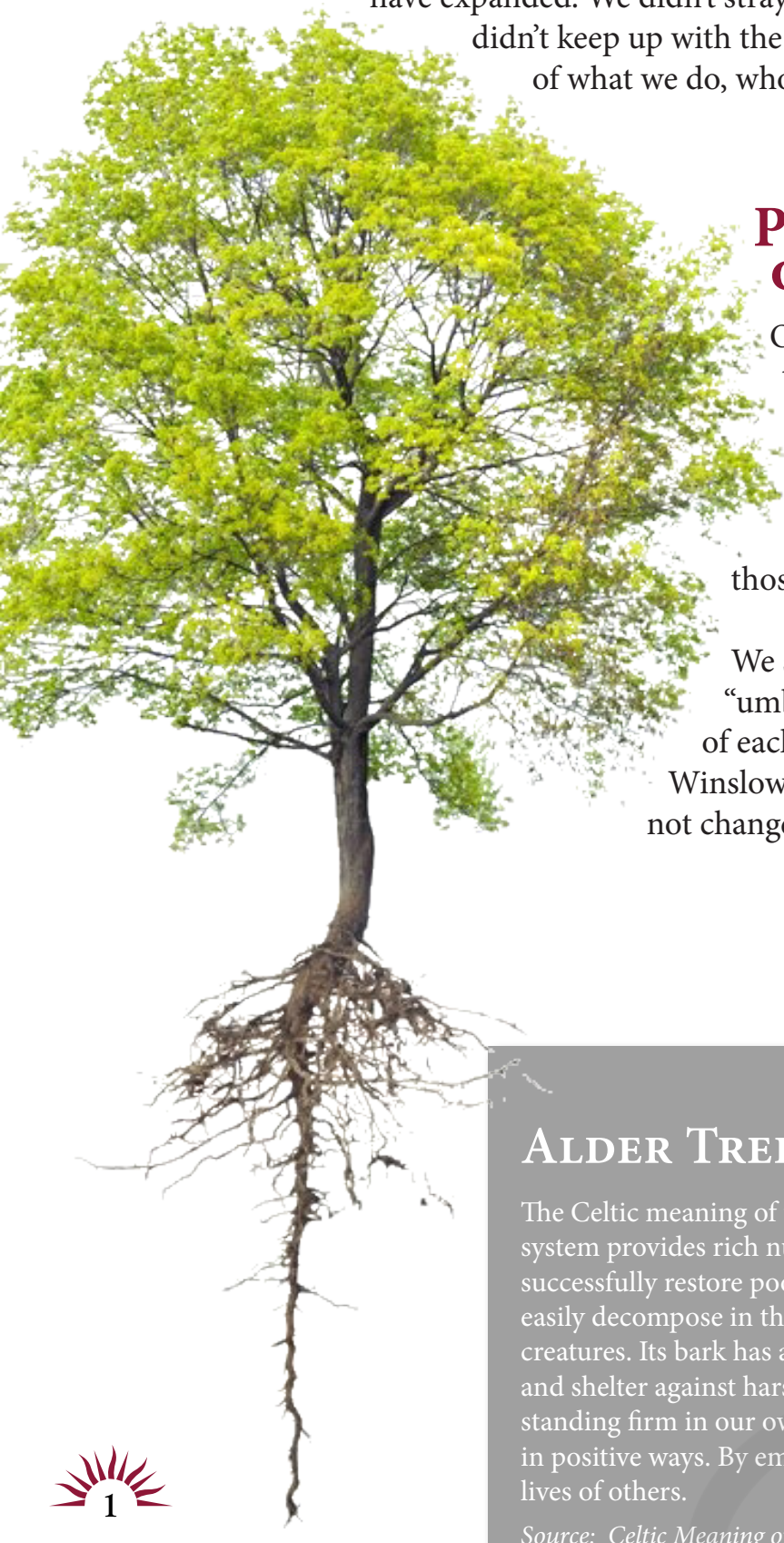
Adding Life To Years... Through The Seasons

2018 ANNUAL REPORT

ALDERSBRIDGE COMMUNITIES

The year 2018 was a transformative time in the history of our organization. It was the year we changed our name and brand identity after being known for 47 years as United Methodist Elder Care.

Since our founding by a group of entrepreneurs and leaders of local Methodist churches, our services have expanded. We didn't stray from our mission of serving elders, but our name didn't keep up with the times. Our name was simply no longer reflective of what we do, who we are, and what we stand for.



Planting the Seeds of Organizational Change

Our Board of Trustees and staff leaders came together to participate in a series of Strategic Planning sessions in order to facilitate this important change. The goal was to stay true to our founding purpose while remaining relevant to those we serve today and tomorrow.

We strategized on words that would best describe our "umbrella" organization, and decided that the names of each community – Linn Health & Rehabilitation, Winslow Gardens, Arbor Hill and St. Germain – would not change.

Alder Tree

The Celtic meaning of the Alder deals with giving and nurturing. Its root system provides rich nutrients to the soil, moreso than other trees, and can successfully restore poor soil conditions back to healthy Ph levels. Its leaves easily decompose in the water providing rich nutrients to all manner of water creatures. Its bark has anti-inflammatory compounds. These acts of generosity and shelter against harsh conditions can be translated into our own lives: by standing firm in our own positive environment, we can affect those around us in positive ways. By emitting signals of tranquility and peace, we enhance the lives of others.

Source: Celtic Meaning of the Alder Tree/whatsyoursign.com; Wikipedia

"We didn't stray far from our mission, but our name didn't keep up with the times. Non-Methodists wondered if they could get hired, serve on the Board, or place their loved ones in our care. Our name was no longer reflective of what we do, who we are, and what we stand for."

- Richard Gamache, MS, FACHCA, Chief Executive Officer

The word "Aldersgate" had both meaning and history, as it is the name of the street in London where Methodism Founder John Wesley had his conversion moment in 1738, leading to the development of the religious movement in Britain and America. We discovered "Alder" is the name of a tree that has many healing qualities, is tremendously strong, and has a uniquely beneficial root system supplying nutrients to all nearby plant systems. The word "bridge" was symbolic in multiple ways, representing the connectivity of people and places which is the basis for unity.

Together, we created a new name with great symbolic meaning behind it, one that unites us in our healthcare mission and unifies our properties under a single organization:

Aldersbridge Communities

It is the dawn of a new era.

"Our new name ushers in the dawn of a new era for our organization, as we move forward to serve the healthcare needs of our patients and residents."

- Daniel P. Genannt, President, Board of Trustees

Management Staff
Aldersbridge Communities

Richard Gamache, MS, FACHCA
Chief Executive Officer

Lee-Ann Beaupre
Director of Human Resources

Elise Strom
Director of Development

Kim Waite
Director of Environmental Services

Nicholas Pereira
Director of Food Services

Arbor Hill Assisted Living

Sherry Vieira, ALA
Administrator

Joann Draine, RN
Director of Wellness

Linn Health & Rehabilitation

Cathy Donnelly, NHA
Administrator

Rose Marie Cazzani
Director of Rehabilitation Therapy

Richalie Cotter
Director of Social Services

Catherine Smith
Director of Admissions & Marketing

Crystal Brown, RN
Director of Nursing Services

Jan Rupert
Director of Activities

St. Germain Assisted Living

David Rankin, ALA
Administrator

Laurie Siravo, RN
Director of Wellness

Winslow Gardens

Sandra M. Cullen, LPN, ALA
Regional Director of Operations

Holly Branco, RN
Director of Wellness

Spring

After developing our new organizational name, we then worked to develop a visual identity for our organization, to be phased into our branding and marketing efforts.

ALDERSBRIDGE COMMUNITIES

The new logo incorporates the visual element of the "sun rays" (a carry-over from our old logo) along with our new name. Each of the properties was given its own brand identity and unique color based on a pallette of colors found organically in nature, as follows:

WINSLOW GARDENS

LINN HEALTH & REHABILITATION

ARBOR HILL

ST. GERMAIN

The new name and logo would be officially unveiled at the 2018 Annual Meeting in June, however the branding was rolled out initially by our CEO Richard Gamache to our 277 employees via series of meetings, letters and emails. Employee name badges were redesigned, and the phase-in of our name change was soon underway.

A brief video was created to visually introduce our new organizational branding.

Scan this QR Code to view the video or visit https://youtu.be/O9YsV_tEYxA

In 2018, Aldersbridge Communities' Board of Trustees was expanded with the addition of new Trustees, as follows:

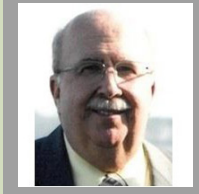
Susan Cerrone Abely

Jodi L. Glass, Au.D.

Elizabeth H. Roberts

Lauren Florio

In Memoriam: Bruce E. Andrews (1947-2018)



Our long-time Trustee Bruce Andrews passed away at home after a brief illness on September 17, 2018, surrounded by his loving family.

Bruce was elected to our Board of Trustees in June 2004. Over the years, he served as Treasurer and also Chair of the Finance Committee. He was also an ex-officio member of the Audit Committee.

A lifelong resident of Lincoln, RI, Bruce retired from a 32-year career as a purchasing agent at Fram Corporation and subsequently 12 years at NEPTCO. He also retired as deputy chief of the Saylesville Fire Department where he served for 45 years. He was a member of Wesley United Methodist Church where he was treasurer for many years and served on all of its committees.

We are thankful for the opportunity to have known and worked with Bruce, and for his many years of service to Aldersbridge Communities. He was always generous with his time, treasure and vocational expertise, and we are forever grateful.

Board of Trustees

Daniel P. Genannt, President
Jason C. Preciphs, Esq., Vice President
In Memoriam Bruce E. Andrews, Treasurer
Lauren A. Florio, Treasurer
Hannah Bell-Lombardo, Secretary

Susan Cerrone Abely
Douglas R. Burgess
Michael Cole
Rachel Filinson
Robert K. Gauthier
Jodi L. Glass
Rev. Althea V. Jackson
Keith N. Johnson
Rev. Dr. James Martin
Gale O'Neil
Valerie A. Perry
Francis A. Richards
Don A. Ripley
Elizabeth H. Roberts

EX OFFICIO
Bishop Sudarshana Devadhar
Rev. Dr. Andrew Foster, III,
RISEM District Superintendent
Myrna Griffith, Representative,
Winslow Gardens Residents

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Rev. Jonathan Almond
Nora Almond
Paul J. Bogosian
Robert K. Bower
W. Kathleen Brady
John Browning
Rev. Gregory D. Carpenter
Joanne B. Dahmer
Marjorie Davis
Rev. Julia A. Doutaz
Frederick Ensley
Dorothy Flowers, Posthumously
Phillip Grefé, Esq.
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Donald Kennedy
Paul J. Lamarre
Dorothy Lamb
Linda M. Mathewson, Esq.
Philip McClintock
Johnell Norton
Carol Owens
Rev. Dr. Bruce Pehrson
Mary Jane Pelkey
Beverly Procknik
Rev. Dr. David A. Purdy
Cidalia Rocha
Carol Shelton
Edward Silberman
Rebecca Silliman, MD, Ph.D.
Norma Stinson
Charles Tramontana
Richard Watson

Our Donors
Individual Cash Donations starting at $250 +

Rev. and Mrs. Jonathan Almond
Anonymous
Mrs. Linda Andrews
Mr. and Mrs. Richard Andrews
Mr. and Mrs. John Bento
Mr. and Mrs. Robert Bower
Ms. Theresa T. Buchanan
Mrs. Susan Cerrone Abely
Mr. and Mrs. Eric Chason
Mr. and Mrs. Jorge Claudino
Mr. and Mrs. Barry Clayman
Mr. and Mrs. Richard Cullen
Mrs. Barbara Cute
Mrs. Linda L. Cwiek
Mr. Brett Davey
Mr. and Mrs. Douglas Domina
Ms. Catherine Donnelly
Mr. and Mrs. Frederick Ensley
Rachel Filinson Ph.D. &
Mr. Darek Niklas
Rev. Dr. and Mrs. Andrew Foster III
Mr. Richard Gamache
Mr. and Mrs. Robert Gauthier
Mr. and Mrs. Daniel Genannt
Dr. Jodi L. Glass & Ms. Ruth Horton
Mr. Joel Goloskie
Mr. Geoffrey Greene
Thomas S. Hemmendinger, Esq.
and Rev. Ellen Casey
Ms. Dorothy Hodge
Estate of Betty L. Holloway
Mr. and Mrs. Harold Horvat
Dr. and Mrs. Hao Y. Huang
Mr. and Mrs. Ted Janes, Jr.
Mr. and Mrs. William Jennings
Mr. and Mrs. Keith Johnson
Mr. and Mrs. Aaron Ketner
Dr. Kathleen Kroessler
Mr. and Mrs. Stephen Larson
Ms. Janice Leffingwell
Mr. Frank Leporacci
Mr. John S. Lombardo and
Mrs. Hannah Bell-Lombardo
Ms. Marcie Maffeo
Rev. Dr. James Martin &
Dr. Sheila Murphy
Dr. Philip T. McClintock &
Rev. Elizabeth M. McClintock
Mr. David Murphy
Mr. and Mrs. Johnell Norton
Dr. Jun Onitsuka
Mr. and Mrs. Steven Parrillo
Rev. Dr. and Mrs. Bruce A. Pherson
Ms. Cheryl Perry
Jason C. Preciphs, Esq.
Ms. Doreen Putnam
Mr. David J. Rankin
Joseph J. Recupero, Esq.
Mr. and Mrs. Francis Richards

Summer

The 2018 "Adding Life To Years" Gala was our most successful in the history of our organization, raising a total of $75,000 to benefit our mission, programs and activities.

At the Gala, our new name was officially unveiled by Board of Trustees President Daniel P. Genannt and CEO Richard Gamache. Rich Gingras, a former professional boxer and founder of The Parkinson's Place in Pawtucket, was named the 2018 Honoree. Rich could not be in attendence to accept his award, but sent Michael Quaglia who lives with Parkinson's disease. Michael eloquently spoke without dyskinesia or shaking as a result of working out at Rich's Rock Steady gym.

"Rich Gingras empowers people living with Parkinson's to fight back through special workouts designed to increase their balance and strength. His amazing work is an important part of our rehab for our residents, and we are pleased to honor him."

-Richard Gamache, CEO, Aldersbridge Communities

A new initiative was unveiled at the Gala:

ElderVentures

a program of Aldersbridge Communities created to grant wishes of our residents.

Within moments, **$13,000** was raised for this purpose.

> *"ElderVentures is unique in bringing focus to our residents so that each of them may live with purpose."*
>
> -Elise Strom, Director of Development, Aldersbridge Communities

CEO Richard Gamache's dog, Lucy, became the fairy mascot of the program bringing smiles to the faces of our residents and staff

YOUR DONATION IS APPRECIATED

In addition to the capital needs to maintain our four locations throughout Rhode Island, funding is needed to support programs that enrich our residents' lives. These programs include activities, special outings, art, music, drama, and entertainment. In addition, residents can apply to have their lifelong dream fulfilled through ElderVentures, a unique wish granting program of Aldersbridge Communities. All wishes are funded through donations. Please use the enclosed envelope to send in your donation today, or visit Aldersbridge.org/ways-give to learn about more ways you can help.

Our Individual Donors Continued.....

Mr. and Mrs. Don A. Ripley
Ms. Elizabeth H. Roberts
Ms. Lucia Souza
Mr. Timothy Tucker &
Mrs. Rose Marie Cazzani
Ms. Valerie Valentine
Mrs. Sherry Vieira
Mr. and Mrs. Michael Volucci
Estate of Norma Walker

Organizational Giving:

Acadia Partners
Alert Ambulance
Amica Mutual Insurance Company
Arnold Mills United Methodist Church
BayCoast Bank
blumshapiro
Brennan, Recupero, Cascione, Scungio
& McAllister, LLC
Care Resource
Concord Home Health
Continuum Hospice & Palliative Care
CVS Caremark
CVS Health
DiLanna Egg & Food Products, Inc.
Dorothy Hodge Interpreting Services, Inc.
Geriatric Medical
Hilb Group
Hope Hospice & Palliative Care
Imperial Distributers
Memorial United Methodist
Church of Taunton
Mobilex USA
Neighborhood Health Plan of RI
New England Conference Office
PharMerica
Shepherd of the Valley
United Methodist Church
Starkweather & Shepley Insurance Brokerage
The Hire
The Robinson Green Berretta Corp.
TD Bank
Union United Methodist Church
of Fall River
United Way of Rhode Island
Wesley United Methodist Church of Lincoln

Scan this QR Code to see our ElderVentures video that debuted before the 200+ guests at the 2018 Gala held at the Omni Hotel in Providence, or visit www.aldersbridge.org/ways-give/ to view it.

Circle of Friends, Grant & Trust Donations

Foundations/Grants:

AmazonSmile Foundation
Citizens Charitable Foundation
FM Global Foundation
Frank B. Hazard Grant
Ida Ballou Littlefield Memorial Trust
June Rockwell Levy Foundation
The Rhode Island Foundation
The Rhode Island Foundation – Marantha Fund
Ruby W. & LaVon P. Linn Foundation
State of Rhode Island – Senate Chamber
The Vigneron Memorial Fund
United Methodist Foundation of New England

Circle of Friends Monthly Sustainer Society:

Rev. and Mrs. Jonathan Almond
Anonymous
Mrs. Linda Andrews
Mr. and Mrs. Robert Bower
Mr. Robert Gauthier
Mr. and Mrs. Francis Richards

Leadership and staff got into the Halloween spirit of the season, always a festive and fun time of the year for our residents.

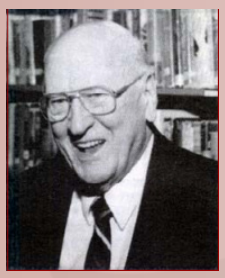
Fall

In September, an ElderVentures wish was granted to Emmalou Kirchmeier, a resident of Winslow Gardens. She was presented with a replica of her 1940s engagement ring that she wore up until her husband passed away in 2002.

MAKING DREAMS COME TRUE

Aldersbridge Communities CEO Richard Gamache granted Winslow Gardens resident Emmalou Kirchmeier's wish for a replica of her 1940s amethyst engagement ring. Pictured, from left: Executive Assistant Mary Montanaro; MRT Jewelers employee John Musial; Winslow Gardens resident Emmalou Kirchmeier; CEO Richard Gamache; and Director of Development Elise Strom.

Aldersbridge Communities
Morrill Martin Society



Named for the Rev. Morrill Martin, a devoted United Methodist, whose vision, determination and energy was instrumental in the establishment of the United Methodist Retirement Center. The Society recognizes those who provide support to us through estate planning and/or major gifts directed to our endowment fund, as follows:

Anonymous
Rev. Jonathan and Mrs. Eleanor Almond
Thomas and Beverly Daley
Nancy C. Hajek
Thomas S. Hemmendinger and
Rev. Ellen Casey
Richard L. & Karen Hodgkinson,
In memory of Josephine Hodgkinson
Thomas J. Peters, III and Jean Peters
Lisa A. Procter
Bertha Sayles,
In memory of Ed Sayles
Deborah E. Shipp
Marian W. Spiro
Rev. Wesley and Mrs. Norma Stinson
M. Philip Susag

The traditional Fall **"Harvest Time Fair"** bazaar was held at Winslow Gardens and Linn Health & Rehabilitation in November. These adjoining locations were transformed into a festive and colorful indoor shopping mecca. A similar, smaller scale fair was held at Arbor Hill. Both events involved staff and residents in making crafts, baked goods and items for sale with all proceeds benefiting our housing and activities programming.

Donations Continued...

United Methodist Elder Care
In Grateful Recognition We Remember
Our Past Morrill Martin Society Members

John Akstin, Jr. and Alice E. Akstin
Russell and Beulah C. Anderson
Everett H. Backstrom
Jeanette P. Baxter
Helen Bessette
Carleton J. Bulley
Ada M. Carroll
Dorothy H. Clifton
Sylvio Derouin
Charles G. Domina, Jr.
Louise D. Erhardt
Hazel A. Green
Albert J. Hajek
Alfred D. and Elinor Hersey
Betty L. Holloway
Hope E. Ivers
Doris M. Jackson
Esther Johnson
Ruth M. Josephson
Rev. Ross and Mildred Lilly
Lt. Col. Ruby W. Linn
Helen N. Mansfield
Thomas H. and Angela Markert
Morrill O. and Jennyvee L. Martin
Agnes V. McBride
Frances Barbara McCarthy
Dorothy A. Miller
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Elwell H. Perry
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Georgia O'Rourke
Douglas A. Procter
Anne Fenton Renfrew
Rev. David A. and Edna Ripley
Patricia Salisbury
Blenna Skinner
Elizabeth F. Simpson
Howard M. Spiro
Margaret Smith
Joanne F. Susag
Margaret T. Walker
Lily Walsh
Harris O. Whitman
Paul and Phyllis Willson
Rev. D. Fay and Dorothy Zinn

Donations in Memoriam

In Memory of:

Bruce Andrews
Mr. and Mrs. Don Ripley

Edward "Eddy" Camara
Joan Howe

Rita Champagne
Anonymous
Joan Howe

Jean Coffin
Joan Howe

Robert Cute
Barbara Cute

Charles Domina
Joan Howe

Estelle Duford
Mr. and Mrs. Raymond Parker

Dorothy Flowers
Anonymous
Joan Howe

Thomas Houllahan
Roberta Houllahan
Mr. and Mrs. William Howe
Linda Katz
Mr. and Mrs. Warren McGoldrick
Tiernan Living Trust
Jill Tyler

Yvonne Malo
Joan Howe

Gerald Nestell
Joan Howe
11 pm – 7 am Linn Staff

Georgette Newton
Mr. and Mrs. John Casey
Mr. and Mrs. William Girard
Jeffrey Guagliardo
Mr. and Mrs. Kevin Newton

Mildred Smith
Mr. and Mrs. Donald Senna

Ruth Stearns
Mr. and Mrs. Douglas Domina
Joan Howe

Norma Walker
Geoffrey Greene

Winter

Aldersbridge Communities was pleased to commence the construction phase of renovations to create the new Rehabilitation and Wellness Center at Linn Health & Rehabilitation.

Fundraising from private donations and grants allowed for the architectural design and construction planning phases back in late 2016. In December 2018, demolition of the former dining room began, with the goal of transforming the space into a state-of-the-art suite for providing occupational therapy (OT) and physical therapy (PT) services to residents. Programs will open in 2019.

The Center features a central, nonslip walkway lane for working on ambulatory motion or golf putting; a simulated ATM; Wii game console area; steps; replica of a kitchen, laundry area and bathroom; treadmills and other modern therapy equipment.

"We are very excited to see this vision for our Rehabilitation Center come to reality. Our nursing and therapy staff will have a dedicated and ample space to help people get back on their feet after surgery or a health event, back to their home or work routine, or simply to function with the most optimal health."

-Cathy Donnelly, Administrator, Linn Health & Rehabilitation

ALDERSBRIDGE COMMUNITIES

2018 AT A GLANCE

100% ANNUAL APPEAL PARTICIPATION from the BOARD OF TRUSTEES

140 Linn Health & Rehabilitation ADMISSIONS

109 SHORT-TERM PATIENTS were discharged SUCCESSFULLY BACK TO THEIR HOMES

4 RESIDENT WISHES GRANTED through the ElderVentures program

$9,243,361 Total assets

208 TRIPS ON BUS by residents

273,750 MEALS MADE by our cooks

$165,000 CAPITAL RAISED to begin the building of the NEW REHAB GYM

156 NEW WINDOWS installed at ARBOR HILL

$13,000 raised in **10 MINUTES** at the Adding Life to Years Gala to support the ELDERVENTURES WISH PROGRAM

277 TOTAL EMPLOYEES

173 Full Time

104 Part Time/ Per Diem

Adding Life to Years GALA is the HIGHEST GROSSING fundraiser in the ORGANIZATION'S HISTORY

Donations in Honorarium

In Honor of:

Marion Andrews
Mr. and Mrs. Richard Andrews

Richard Gamache
Mr. and Mrs. Herman Nagursky

Charles Herr
Columbia Falls United Methodist Women

Keith N. Johnson
Imperial Distributers

Jimmy and Susan Ulicnik
Mr. and Mrs. Douglas Morin