

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



October 2020

Arbor Hill Assisted Living

				1 National Homemade Cookie Day! Come to Activities for a treat!	2 National Custodial Worker's Recognition Day Thank You Kenny for all you do!! <small>Sukkot Begins</small>	3 Did you know? Lyrebirds can mimic almost any sounds it hears.
4 Organize your junk draw today!	5 Oakland Beach for Lunch at Iggy's 11:00 ONLY 4 allowed Sign up in Activities	6 Samantha is coming for haircuts. Happy Birthday Joe Lopes!	7 Let's make Leaf Bowls	8 Exercise Group Make Smoothies Come to Activities for a treat	9 Pick pumpkins and decorate them. 2:00 Bingo	10 Crossword puzzles available <small>Simchat Torah Begins</small>
11 Did you know? There is a McDonalds in every continent except Antarctica.	12 *No scheduled Activities* Columbus Day! <small>Columbus Day (US) Thanksgiving Day (Canada)</small>	13 Larissa Park 11:00 packed lunch ONLY 4 allowed on trip sign up in Activities	14 Sand Art Exercise Group	15 Karaoke & Dance Bean bag toss	16 10:00 Movie 2:00 Bingo	17 Go for a Nature walk and collect pine cones
18 Take home craft	19 Flu Clinic 10-2 Activity Room Let's make coasters	20 Make Halloween Cards	21 Exercise Group Weaving loom	22 Jewelry making Exercise Group	23 10:00 Movie 2:00 Bingo	24 Happy Birthday John Pasela!
25 Help a friend today ask your neighbor if they need anything.	26 Walking Club let's go for a walk today	27 Group Exercise Play catch	28 Board Games	29 DIY Stress balls	30 Wear your costume and celebrate for Halloween Trick or Treating <small>2:00 Bingo</small>	31 Happy Halloween! <small>Halloween</small>