March 2023
Linn Health & Rehab Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Compliment Day 1 10:00 Compliments and Coffee (2) 2:00 Meditation & Music with Elliot (CH)	2 Music, Manicures & Menus 6:30 Bingo (3)	3 10:00 Exercise (2) 1:30 Ice Cream Delivery (2&3) 6:30 Movie Night (3)	4 10:00 Shamrock Racing (2) 2:00 Bingo (3)
5 10:00 Bingo (2) 2:00 Whammo (3)	6 10:00 The Connection Circle (2) 2:00 Rusty Strings (CH) Purim Begins	**Full "Worm" Moon** 7 **Lucky 7's Day** 10:00 Hair Salon Open 2:00 Rolling 7's (3) 6:30 Prayer Group (CH	**Color Therapy** 8 **Month** **Wear Your Favorite Colors** 10:00 Colorful My World Art Project (2) 2:00 Connect 4	**Older People** 9 **Are Cool Day** Music, Manicures & Menus 6:30 Bingo (3)	10 10:00 Exercise (2) 1:30 Ice Cream Delivery (2&3) 6:30 Movie Night (3)	11 10:00 Craft Project (2) 2:00 Bingo (3)
Daylight Saving 12 **Time Begins** 9:30 Eucharist Visit 10:00 Bingo (2) 2:00 Worship Service With Cheryl (CH) Daylight Saving Time Begins	**Don't Worry** 13 **Be Happy Day** **"It's Mindful Monday"** 10:00 Happy Face Art 2:00 Pet Therapy	14 10:00 Truth or Blarney 2:00 Entertainment Birthday Social with Steve Burke (RCDR) 6:30 Prayer Group (CH	15 10:00 Medley of Irish Music with Daniel O'Donnell (2) 2:00 Devotions With the Chaplain (CH	16 Music, Manicures & Menus 6:30 Bingo (3)	**St. Patrick's Day** 17 ***Wear Green or Plaids*** 10:00 Exercise (2) 2:00 The Chateau's Entertainment and Ice Cream Social 6:30 Movie Night (3) St. Patrick's Day	18 10:00 Noodle Exercise (2) 2:00 Bingo (3)
St Joseph's Day 19 **Dress in Red** **Nat'l Act "Happy" Wk** 9:30 Eucharist Visit 10:00 Bingo (2) 2:00 "Happy" Social (3	**Spring Begins** 20 **Int'l Day of Happiness** 10:00 Sing a "Happy" Song (2) 2:00 Jasmine's Mystical Readings (3) Spring Begins	21 10:00 Planting with Happiness (2) 2:00 Resident Council (3) 6:30 Prayer Group (CH	22 10:00 Laughter Yoga (2 3:00 Celebration of Life Service (2&3) Ramadan Begins	23 Music, Manicures & Menus 2:00 Happiness Café with Mindful Music (3) 6:30 Bingo (3)	24 10:00 Exercise (2) 1:30 Ice Cream Delivery (2&3) 6:30 Movie Night (3)	25 10:00 Craft Project (2) 2:00 Bingo (3)
26 9:30 Eucharist Visit 10:00 Bingo (2) 2:00 Word Games (3) "Green Things"	27 11:00 Music Speaks (CH 2:00 Pet Therapy	**Something on a** 28 **Stick Day** 8:30 Special Breakfast 10:30 Mindful Moments 2:00 Popsicle Pass	29 10:00 Connect with Me tea social (2) 2:00 Compli'mint'ary Happy Shakes!!	**Baseball's** 30 **Official Opening Day** ***Wear your team attire*** Music, Manicures & Menus 2:10 Red Sox vs Orioles 6:30 Bingo (3)	31 10:00 Exercise (2) 1:30 Ice Cream Delivery (2&3) 6:30 Movie Night (3)	***It's Mindful March Celebrate "Relating" Connecting with People to Enhance Our Happiness***