

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2023

Live Happier “ Mindful March”

			1 Exercise 10am Bingo 1pm Café 9:30 –11:00	2 (lunch Bunch) Wellness group 1pm	3 Exercise 10am Bingo 1pm Shopping 9:30 Stop & Shop	4
5 Exercise 10am Bingo 1pm <small>Purim Begins</small>	6 Balloon Toss 10am	7	8 Exercise 10am Bingo 1pm Café 9:30 –11:00	9 (lunch Bunch) Wellness group 1pm Movie Night 5:30pm	10 Exercise 10am Bingo 1pm Shopping 9:30 Walmart	11
12 Exercise 10am Bingo 1pm <small>Daylight Saving Time Begins</small>	13	14 Entertainment 2pm	15 Exercise 10am Bingo 1pm Café 9:30 –11:00	16 (lunch Bunch) Wellness group 1pm Fireside Chat 2pm	17 Exercise 10am Entertainment 2pm Shopping 9:30 Stop & Shop <small>St. Patrick's Day</small>	18
19 Exercise 10am Ice Cream Social 1:30 <small>Spring Begins</small>	20	21 Show Case Cinema “80 For Brady”	22 Exercise 10am Bingo 1pm Café 9:30 –11:00 <small>Ramadan Begins</small>	23 (lunch Bunch) Wellness group 1pm Gourmet Meeting 2pm	24 Exercise 10am Bingo 1pm Shopping 9:30 Walmart	25
26 Exercise 10am Bingo 1pm	27 Literature Club 1:30pm	28	29 Exercise 10am Bingo 1pm Café 9:30 –11:00	30 Trivia 2pm	31 Exercise 10am Bingo 1pm Shopping 9:30 Stop & Shop	