

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

November 2023

			1 EXERCISE 10AM IN LIBRARY. BINGO W/ NORA 2pm IN LIBRARY	2 BLOOD PRESSURE CHECKS 9:30 – 11:00 ENTERTAINMENT 2PM IN DINING ROOM	3 (SHOPPING) EXERCISE 10AM IN LIBRARY. BINGO W/ LUCY 1:30 IN LIBRARY	4
5 HYMN SING 2PM IN LINN CHAPEL	6 EXERCISE 10AM IN LIBRARY BINGO W/ ENID 1PM IN LIBRARY	7 DEVOTIONS W/ REV. ZOGG 10AM IN LIBRARY THEATER CLUB 1:30 IN LIBRARY (HAIRDRESSER IN)	8 EXERCISE W/ LUCY 10AM IN LIBRARY BINGO W/ NORA 2pm IN LIBRARY	9 (SHOPPING) CHAIR YOGA WITH YOGA INSTRUCTOR NICKY 2PM IN DINING ROOM	10 HOLIDAY	11  Veterans Day Remembrance Day (Canada)
12 WORSHIP SERVICE WITH CHERYL 2PM @ LINN IN CHAPEL <small>Diwali (Hindi)</small>	13 EXERCISE 10AM IN LIBRARY BINGO W/ ENID 1PM IN LIBRARY	14 VETERANS RECOGNITION CELEBRATION 2:30 PM IN DINING ROOM 	15 EXERCISE W/ LUCY 10AM IN LIBRARY ENTERTAINMENT 2PM IN DINING ROOM	16 CATHOLIC MASS 10AM @ LINN FIRESIDE CHAT 2PM IN DINING ROOM	17 EXERCISE 10AM IN LIBRARY. RI Secretary of State Greg Amore 12:30pm in Dining Room BINGO W/ LUCY 1:30	18
19	20 (SHOPPING) EXERCISE 10AM IN LIBRARY BINGO W/ ENID 1PM IN LIBRARY	21 BIBLE STUDY 10am WITH GINNY IN LIBRARY CHAIR YOGA 2PM IN DINING ROOM (HAIRDRESSER IN)	22 EXERCISE W/ LUCY 10AM IN LIBRARY BINGO W/ NORA 2pm IN LIBRARY	23 HAPPY THANKSGIVING 	24 EXERCISE 10AM IN LIBRARY. BINGO W/ LUCY 1:30 IN LIBRARY	25
26	27 EXERCISE 10AM IN LIBRARY BINGO W/ ENID 1PM IN LIBRARY	28 BIBLE STUDY 10am WITH GINNY IN LIBRARY THEATER CLUB 1:30 IN LIBRARY	29 EXERCISE W/ LUCY 10AM IN LIBRARY BINGO W/ NORA 2pm IN LIBRARY	30 GOURMET MEETING 2PM IN DINING ROOM THEATER CLUB 3PM IN LIBRARY	ANY CHANGES IN THE MONTHLY ACTIVITY SCHEDULE WILL BE POSTED IN ELEVATORS AND BULLETIN BOARD DOOR DAILY.	