

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# May 2026

## The Loft Activities

						10:00 Exercise 10:30 Cooking w/ Dev & Dan 1:00 Do you know??? 2:00 Bible Study 6:00 Movie <small>May Day</small>	1	10:30 Exercise 11:00 Craft Show @ Winslow -Sun Room 2:00 Ice Cream Social 3:00 Bowling 6:30 Karaoke	2				
10:30 Exercise 1 <sup>st</sup> FL 11:00 Games 2:00 Bingo 3:00 Rosary 2 <sup>nd</sup> Fl 6:00 Hand Massage 2&3 6:30 Movie	3	10:00 Exercise 10:30 Cooking w/ Dev and Dan 2:00 Rusty Strings 3:00 Outside in Garden 6:00 Sing along	4	(Hairdresser all day) Joann 10:00 Exercise 10:30 Cooking w/ Dev and Dan 1:30 Feed the Fish 1 <sup>st</sup> FL 2:00 Game 3:00 Craft <small>Cinco de Mayo</small>	5	10:00 Exercise 10:30 Cooking w/ Dev and Dan 1:30 Feed the Fish 2 <sup>nd</sup> Fl 2:00 Painting w/ Joyce 6:00 Karaoke	6	10:00 Exercise 10:30 Cooking w/ Dev and Dan 1:30 Feed the Fish 1 <sup>st</sup> FL 2:00 Nails 6:00 Game	7	10:00 Exercise 10:30 Cooking w/ Dev and Dan 1:30 Feed the Fish 2 <sup>nd</sup> FL 2:00 Bible Study 6:00 Movie(Jazz Singer)	8	10:30 Exercise 11:00 Craft 2:00 Ice Cream Social 3:00 Bowling 6:30 Karaoke	9
10:30 Exercise 1 <sup>st</sup> FL 11:00 Games 2:00 Bingo 3:00 Rosary 3 <sup>rd</sup> Fl 6:00 Hand Massage 2&3 6:30 Hangman <small>Mother's Day National Skilled Nursing Care Week</small>	10	10:00 Exercise 10:30 Cooking w/ Dev and Dan 1:30 Feed the Fish 1 <sup>st</sup> FL 2:00 Let's play ball 3:00 Craft 6:00 Word Games	11	10:00 Exercise 10:30 Cooking w/ Dev and Dan 1:00 Feed the Fish 2 <sup>nd</sup> FL 1:45 Bombshell Betty 3:00 Outside in the Garden 6:00 Movie	12	10:00 Exercise 10:30 Cooking w/ Dev and Dan 1:30 Feed the Fish 1 <sup>st</sup> FL 2:00 Outside in the Garden 6:00 Bowling Game	13	10:00 Exercise 10:30 Cooking w/ Dev and Dan 1:30 Ride 3:00 Craft 6:00 Game	14	10:00 Exercise 10:30 Cooking w/ Dev and Dan 1:30 Feed the Fish 1 <sup>st</sup> FL 2:00 Bible Study 6:00 Movie	15	10:30 Exercise 11:00 Craft 2:00 Ice Cream Social 3:00 Bowling 6:30 Karaoke <small>Armed Forces Day</small>	16
10:30 Exercise 1 <sup>st</sup> FL 11:00 Games 2:00 Bingo 3:00 Rosary 2 <sup>nd</sup> Fl 6:00 Hand Massage 2&3 6:30 Movie	17	10:00 Exercise 10:30 Cooking w/ Dev and Dan 1:30 Feed the Fish 1 <sup>st</sup> FL 2:00 Let's play ball 3:00 Craft 6:00 Word Games <small>Victoria Day (Canada)</small>	18	(Hairdresser all day) Joann 10:00 Exercise 10:30 Cooking w/ Dev and Dan 1:30 Feed the Fish 1 <sup>st</sup> FL 3:00 Craft/ Game 6:00 Bingo	19	10:00 Exercise 10:30 Cooking w/ Dev and Dan 1:30 Feed the Fish 2 <sup>nd</sup> FL 2:00 Outside in the Garden 6:00 Bowling Game <small>Shavuot Begins</small>	20	10:00 Mass 10:00 Cooking w/ Dev and Dan 1:30 Feed the Fish 1 <sup>st</sup> FL 2:00 Joey Marshall at Winslow	21	10:00 Exercise 10:30 Cooking w/ Dev and Dan 2:00 Bible Study 6:00 Movie	22	10:30 Exercise 11:00 Craft 2:00 Ice Cream Social 3:00 Bowling 6:30 Karaoke	23
10:30 Exercise 1 <sup>st</sup> FL 11:00 Games 2:00 Bingo 3:00 Rosary 2 <sup>nd</sup> F 6:30 Senior Prom at Garden!!!!	24	10:00 Exercise 10:30 Cooking w/ Dev and Dan 1:30 Feed the Fish 1 <sup>st</sup> FL 2:00 Outside if Sunny 3:00 Craft 6:00 I Love Lucy Show <small>Memorial Day</small>	25	10:00 Exercise 10:30 Cooking w/ Dev and Dan 1:30 Feed the Fish 2 <sup>nd</sup> FL 2:00 Craft/ Game 6:00 Bingo	26	10:00 Exercise 10:30 Cooking w/ Dev and Dan 1:30 Feed the Fish 1 <sup>st</sup> FL 2:00 Craft/ Game 6:00 Night w/ Frank Sinatra Music	27	10:00 Exercise 10:30 Cooking w/ Dev and Dan 1:30 Feed the Fish 2 <sup>nd</sup> FL 2:00 Craft/ Game 6:00 Night w/ Neil Dimaond	28	10:00 Exercise 10:30 Cooking w/ Dev and Dan 1:30 Feed the Fish 1 <sup>st</sup> FL 2:00 Bible Study 6:00 Movie	29	10:30 Exercise 11:00 Craft 2:00 Ice Cream Social 3:00 Bowling 6:30 Karaoke	30
10:30 Exercise 1 <sup>st</sup> FL 11:00 Games 2:00 Art in Motion 3:00 Rosary 2 <sup>nd</sup> Fl 6:00 Hand Massage 2&3 6:30 Movie	31	<p>May all the days be Memorable!!</p> <p>(Calendar events could change due to unforeseen events)</p>											

## Aid Without Borders



World Red Cross Day, observed each year on May 8, honors one of the world's largest and most enduring humanitarian networks—and the people

who keep it running when it matters most. The date marks the birthday of Henry Dunant, founder of the International Committee of the Red Cross and the first recipient of the Nobel Peace Prize.

Today, the Red Cross and Red Crescent Movement operate in nearly every country, responding to crises that range from armed conflict and natural disasters to public health emergencies and everyday community needs. In a world shaped by climate extremes, migration, and ongoing conflict, the organization's role is more relevant than ever.

In recent years, Red Cross workers and volunteers have been on the front lines of wildfires, floods, earthquakes, and hurricanes, often arriving within hours to provide shelter, food, medical care, and family reunification services. Beyond disaster response, the Red Cross plays a critical role in blood donation services, emergency preparedness training, and support for military families.

World Red Cross Day is also a reminder that humanitarian work is guided by core principles, like humanity, neutrality, and voluntary service. These principles allow Red Cross teams to work across borders and political divisions, focusing solely on human need.

This year's observance highlights the importance of local volunteers, who make up the majority of the movement's workforce. Trained community members often serve as first responders, using local knowledge to deliver aid quickly and effectively. Their efforts show that humanitarian action doesn't always start with large operations—it often begins with neighbors helping neighbors. World Red Cross Day is not just a celebration of an organization but of the shared belief that helping others, quickly and humanely, can change lives.

## Happy Birthday!!!!!!

Happy Birthday from your Family at The Loft!!

May 6th Dorothy P

May 6th Gil K

## Savor the Snail



Some recoil at the thought of eating snails, or *escargot*, as they are called in French. Others consider snails sautéed in garlic, butter, and herbs to be a delicacy.

If you haven't yet tried them, perhaps May 24, Escargot Day, is your chance.

Humans have been eating snails for over 30,000 years. Snail shells discovered in Stone Age-era settlements in Spain even showed how they were cooked: roasted in their shells over charcoal made of pine and juniper. These days, the best snails for eating are wild Burgundy snails, renowned for their grassy, buttery flavor and exceptional nutritional value. Toss them with pasta, skewer them on kebabs, or sweeten them for dessert, and join the ranks of those who have eaten escargot.

# The Loft Gazzette

The Loft 30 Alexander Avenue East Providence, RI 02914



## A Message from the Administrator

We are so happy to welcome the warmer days! Everyone at The Loft is looking forward to getting outside, enjoying some fresh air, and making the most of the season ahead.

Wanted to send a gentle reminder of our Family Art Program. A local artist will guide you and your loved one in creating a beautiful piece of art together, an opportunity to connect, create, and make lasting memories. We encourage you to sign up for one or all of the sessions:

May 18 at 2:00 PM

May 31 at 2:00 PM

July 15 at 2:00 PM

August 16 at 2:00 PM

In addition, we are thrilled to share that The Loft will be hosting a weeklong Summer Camp this August. This program will be open to high school students, with the goal of fostering meaningful relationships between residents and youth, increasing awareness of senior care services, and encouraging community involvement. Our team will be conducting interviews to select 12 students who will join us for this special experience.

We look forward to a vibrant and engaging summer with all of you!

## Celebrating May

### Family Month

### Arthritis Awareness Month

### Personal History Awareness Month

### Global Love Day May 1

### Star Wars Day May 4

### Mother's Day May 10

### International Nurses Day May 12

### New Friends, Old Friends Week May 17-23

### Rescue Dog Day May 20

### Memorial Day May 25